

English

Head lice! – And now?

Eyvah Bit! – Şimdi ne yapacağız?

Uši! – Kaj pa zdaj?

Läuse! – Was nun?

Fejtetű! – Most mit tegyek?

Pidocchi! – E ora?

قمل! – ما العمل الآن؟

Über Wirkung und mögliche unerwünschte Wirkungen dieses Medizinproduktes informieren Gebrauchsanweisung, Arzt oder Apotheker. Stand: Februar 2018.

 Gebro Pharma

# Head Lice? Nits?

With NYDA® – simply gone.

Dear parents,

If your doctor finds that your child has head lice, the first priority is to effectively control the lice and their developmental stages. But please be reassured that lice, apart from the irksome itching, are not a health hazard.

Many parents find it embarrassing that their child “of all people” has lice. But don’t take it to heart. Lice have nothing to do with personal hygiene or a clean home environment. Even the cleanest child in the tidiest home can become infested with lice.

**So there’s not the slightest reason to reproach yourself – or even your child!**

Particularly the children who are most popular with their playmates are most often affected by lice spreading by head-to-head contact. So in fact you can even see lice as – an admittedly somewhat unusual – sign of your child’s popularity.

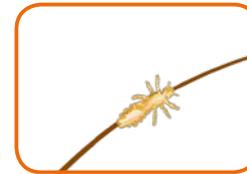
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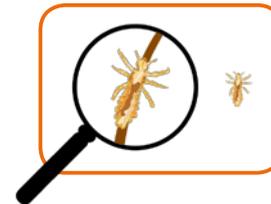
## Lice, larvae and nits: What’s the difference?



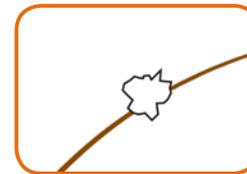
**Nits** are the eggs of the louse. They are white to brownish, smoothly shaped and are the size of a grain of sand. Unlike dandruff, nits stick firmly to the hair.



**Larvae** are the immature stages of the lice. They cannot yet reproduce or infest other people.



**Lice** are brownish and about three times larger than nits (about the size of a sesame seed). Lice can neither jump nor fly and can only crawl from head to head by direct hair contact.



**Dandruff** differs from nits by its white colour and irregular shape. It can easily be brushed out of the hair.

**Lice – like mosquitos, for example – are blood suckers.**  
The female louse lives for up to 30 days and lays up to 300 eggs during this time.

## The reliable diagnosis

### NYDA® Lice and nit comb



1. Carefully brush the hair. Part the hair into strands.



2. Take the NYDA® lice and nit comb in your hand so that the angled handle is pointing away from the head.



3. Start at the scalp and slowly draw the comb to the tips of the hair strand by strand.



4. After combing out a strand, check the comb for lice and nits and clean carefully using a tissue.

## How to control lice reliably

### NYDA®



1. The product should be applied to dry hair. Spray the hair roots thoroughly with NYDA®.



2. Massage in NYDA® and allow to take effect for 1 hour. For detailed information refer to the instruction leaflet.



3. After 1 hour, the hair can be carefully combed out with a lice comb, for example the NYDA® lice and nit comb to remove the dead lice and larvae.



4. Then wash the hair with your usual shampoo.

Check the success of treatment after 8–10 days.  
If necessary, repeat the treatment as described. NYDA® is safe to use and can be repeated as often as needed.

## How to control lice reliably

**NYDA® express**  
also available as a  
family-friendly double-pack



1. The product should be applied to dry hair. Spray NYDA® express carefully over the whole hair beginning near the scalp.



2. Massage in NYDA® express well until the hair is completely wet and allow it to take effect for **10 minutes**. For detailed information refer to the instruction leaflet.



3. After 10 minutes, the hair can be carefully combed out with the lice comb to remove the dead lice and larvae.



4. Then wash the hair with your usual shampoo.

Check the success of treatment after 8–10 days.  
If necessary, repeat the treatment as described. NYDA® is safe to use and can be repeated as often as needed.

## Lice true or false

### Head lice are a sign of poor hygiene!



**Wrong!** Head lice have nothing to do with hygiene. Even daily hair washing will not prevent lice! The children who are popular with their playmates are most often affected by lice spreading from head to head. Unfortunately, this stereotype means that many parents still hide lice thus allowing them to spread.

### Head lice carry diseases!



**Wrong!** Head lice do not carry diseases in our climes. They are annoying but harmless. However, the louse faeces and saliva may cause allergic reactions, or scratching may result in infection, which often presents as weeping rashes.

### Cats and dogs can carry head lice!



**Wrong!** Head lice are specific for the human scalp and they survive only there – they are not carried by pets. There is really no reason to treat family pets for lice.

### Head lice spread through use of e.g. brush, comb, hat etc.



**Yes, but only rarely!** Only the head provides the correct temperature and nutrients for a head louse. It can only survive for a few days outside of this ideal environment.

### What is unnecessary?

- Storing scarves, stuffed animals etc. in a plastic bag or in the freezer
- Vacuuming of upholstered furniture, floors, car seats and head restraints